

Download Ufc Gym Instructor Manual

Coaches & Instructors. TRAIN WITH THE BEST At UFC GYM, we take pride in our coaches—elite athletes who have dedicated their lives to mixed martial arts and fitness training. Our trainers combine personal coaching with functional fitness to enhance your athletic abilities, and also offer focused coaching in individual disciplines: Brazilian ...Don't be intimidated, our CORE staff and instructors are here to help you feel comfortable and welcome. Don't be intimidated, our CORE staff and instructors are here to help you feel comfortable and welcome. ... Achieve your fitness goals through individual coaching and ongoing support with a personal coach at UFC GYM®. Train at the caliber of world champions and get in the best shape of your life. No matter your age or athletic ability, you belong here. Average UFC GYM Fitness Instructor hourly pay in the United States is approximately \$19.18, which is 11% below the national average. Salary information comes from 25 data points collected directly from employees, users, and past and present job advertisements on Indeed in the past 36 months.