

Download Pocket Guide To Emergency First Aid Printable

Print this first aid skills quick guide for your pantry, car, and babysitter! Be ready to act in the event of a first aid emergency. Certain skills are considered essential to the provision of first aid and are taught ubiquitously. Particularly the "ABC"s of first aid, which focus on critical life-saving intervention, must be rendered before treatment of less serious injuries. ABC stands for Airway, Breathing, and Circulation. The same mnemonic is used by all emergency health professionals. A first aid kit is a collection of supplies and equipment that is used to give medical treatment. There is a wide variation in the contents of first aid kits based on the knowledge and experience of those putting it together, the differing first aid requirements of the area where it may be used and variations in legislation or regulation in a given area. What You Need In First Aid Kits With A Printable Checklist is ready for you to print out. We all have plastic strips or Neosporin or something similar for cuts and bruises.